

Know where you'll be on April 27, 2014?

At the **i know expo**, we hope!

Please mark your calendar right now, because this very special event was created just for you. On one day, in one place, scores of experts on aging well and coping with disabilities will share what they know – and you need to know.

View exhibits, chat one-on-one and attend informative presentations on everything from housing, healthcare and insurance, to legal and financial planning, to caregiver self-care, to living well and staying active.

The more you know, the better you can weather the changes time brings. So the years to come are as good as the years gone by.



**EXPERT ANSWERS TO LIFE'S
CHANGING QUESTIONS.
ONE DAY. ONE PLACE.**

April • 27 • 2014

Lexington Center

12 - 5 pm

Free admission

iknowexpo.org 

So caregivers and companions can freely explore all the **i know expo** has to offer, Christian Care Communities will provide a safe, quiet, supervised space for your loved one during the event. Space is limited so reservations are required. ChristianCareCommunities.org

COMMUNITY PARTNERS



MEDIA PARTNERS



Get smarter about all things to do with aging and caregiving at the free **i know Sunday Sessions**. Enjoy informative presentations and interact with experts who'll be happy to answer your questions. 2:00 - 4:00 pm the fourth Sunday of every month at The Woman's Club of Central Kentucky. Info and schedules at iknowexpo.org

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