



**EXPERT ANSWERS TO
LIFE'S CHANGING QUESTIONS.
ONE DAY. ONE PLACE.**

April • 12 • 2015

Lexington Center

12 - 5 pm

FREE admission

www.iknowexpo.org



i know expo® is a **free event** for all ages with scores of experts on aging well and coping with disabilities will share what they know – and you need to know. View over 80 exhibits, chat one-on-one and attend informative presentations on everything from housing, healthcare and insurance, to legal and financial planning, to caregiver self-care, to living well and staying active. The more you know, the better you can weather the changes time brings.

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FREE SPEAKER SESSIONS

Don't miss this unique opportunity to learn from the experts in their fields on the things that matter as we age. They will share their knowledge and answer your questions in our 75-minute panel sessions.

SESSION 1
1:00 - 2:15 PM

SESSION 2
3:00 - 4:15 PM

**ALL TOPICS
OFFERED TWO TIMES.**

Know about Caring for Others

Ron Bridges Speaker Moderator, **Loretta Henderson** Bluegrass Area Agency on Aging & Independent Living, **Jennifer Garland** Lexington Senior Center, **Paul Prather** Bethesda Church & Lexington Herald Leader Columnist, **Marie Smart** UKHC Sanders Brown Center on Aging.

Know about Caring for Yourself

Greg Jicha, MD UKHC Sanders Brown Center on Aging, **Richard Ronan Murphy, MD** UKHC Sanders Brown Center on Aging, **Mallory Powell** Univ. of Kentucky Center for Clinical & Translational Science, **Michelle Riggs** University of Kentucky Geriatric Physical Therapist.

**Know about Money
& Legal Matters**

Bill Cooper Speaker Moderator, **Amy Dougherty** Bluegrass Elderlaw, **Todd Hollenbach** Kentucky State Treasurer, **Robert McClelland** McClelland & Associates, **D. Scott Neal** D. Scott Neal, Inc.

**Know about Medicaid,
Medicare, Social Security
& Nursing Facilities**

Lydia Jacobs Speaker Moderator, **Denise Kennedy** Nursing Home Ombudsman, **Takara Solomon** Social Security Administration, **Jacob Taulbee** State Health Insurance Program.

Know about Aging in Place

Susan Bachner Susan Bachner Consulting, LLC, **Mary Crowley-Schmidt** Bluegrass Area Agency on Aging & Independent Living, **Laura Dake** ITNBluegrass, **Kim Sweazy** Speaker Moderator.

For more information go to iknowexpo.org