



**know  
expo**

**KNOW HOW  
FOR THE NEXT STAGE.**



**Wondering how to plan for what's next in life?**

Get answers to all your questions regarding **caregiving, insurance, Medicare, housing options, safety, estate planning, memory, staying active, getting around, how to best cope with disabilities** and more.

**Saturday** • April 27 • 10-3 PM

**Lexington Senior Center**

195 Life Lane • Free parking • Free admission

[iknowexpo.org](http://iknowexpo.org)



#iknowexpo